

# SALTILLO ISD School Health Advisory Council (SHAC)

The Saltillo ISD School Health Advisory Council meets a minimum of four times a year for the purpose of discussing and making recommendations to administration related to issues of health and wellness for Saltillo ISD. The Council is guided by Board Policy FFA (LEGAL) and FFA (LOCAL).

## **Members of the 2016-2017 School Health Advisory Council:**

- David Stickels
- Joli Maroney
- Tim Lane
- Debby Brewer
- Bill Giles
- Colton Smith
- Dustin Ray
- Susan Smith
- Johnna West
- Logan Camp
- Rainie English
- Kelly Olvera
- Laci Willhite

## **Our Vision:**

The SHAC Committee works to:

Support a healthy and safe school environment that fosters learning.

Dedicate efforts to goals that will produce healthier minds and bodies through effective school health education and services.

Achieve academic success by providing leadership to those who teach and empower our students.

## **Goals for 2016-2017**

- Development and implementation of the districts approved wellness policy.
- Fulfill the legal requirements of the Texas Education Code, Title 2, Chapter 28, Section 28.004.

## **Local School Wellness Policy**

Saltillo ISD has a board-approved Local School Wellness Policy. Please see policy [FFA \(LEGAL\)](#) and [FFA \(LOCAL\)](#). SHAC members are charged with reviewing, updating, and evaluating the Local School Wellness Policy. Interested people are encouraged to contact SISD at 903-537-2386.

## **Physical Fitness Programs**

PK-8 Physical Education Classes

Grades Pre-kindergarten through eighth grade participate in physical education daily. Elementary students also have recess during the school day. The Texas Education Agency has selected FITNESSGRAM as the assessment tool to be used by all school districts throughout the state of Texas.

## **Other Programs**

- Faculty flu shots
- 8<sup>th</sup> grade health
- Relay for Life
- Healthy Teeth Program
- Jump Rope for Heart
- Brookshire's Challenge fun run
- Faculty health screenings
- Nutrition Environment and Services